

Aquanatal Yoga Terms & Conditions

Payment: Payment must be made by bank transfer before classes begin in order to ensure your space is held. Places are not guaranteed; they are subject to availability.

Cancellation: You can cancel your place up to a week in advance and I will refund your money, however cancelling the place with less than a week's notice means I may not be able to fill it, therefore refunds are only given in the event that I can find someone else to take your slot. Also, see pool closures below.

Pool closures/cancellation of lesson by Going Swimmngly: On very rare occasions lessons may be cancelled. Whenever possible, I will make up the sessions by adding one to the end of the term. However, if this is not possible, then the session will be deemed "lost" and you will be refunded for this session. I will use my best endeavours to notify you of any such event via text message in good time.

Make up sessions for missed classes: Going Swimmngly is under no obligation to refund or transfer any monies in the event that you are unable to attend a session. However, I usually offer one make up session per block booking made for any that have been missed due to illness or for any other reason.

Safety: Your safety is of the upmost importance. However, Going Swimmngly will not be liable for any loss, damage or injury that may occur whilst you are on the premises, including in the car park.

Your health: It is your responsibility to let me know of any material changes in your health or medical condition, including bereavements, subsequent to submitting the enrolment form. The decision to perform any form of exercise remains that of the individual and the teacher cannot accept any responsibility for problems during or outside a class. If you are in any doubt as to your fitness or whether you should be taking part, consult a GP beforehand.

All participants must be at least 14 weeks pregnant before the start of the course, having had your first scan.

Jewellery: Please remove all jewellery, including watches, as these can cause injury or could get damaged or lost.

Lost property: Going Swimmngly is not liable for any personal property you leave behind at the pool. Please make sure you remove all your personal belongings from the pool area and changing rooms before you leave.

Photography: No photography please.

Poolside etiquette: Please do not sit on the side or enter the water until invited in by the teacher. Please ensure that any children you might bring with you to the lessons sit in the spectator's area only.

Specific pool rules: Participants can only enter the building a maximum of 15 minutes prior to the beginning of the session. Everyone needs to remove their shoes or wear overshoes before entering the changing rooms.